



**SAINIK SCHOOL BIJAPUR**

**PERIODIC TEST - 3 (AY- 2021- 22)**

**CLASS - VIII**

**MM.50**

**SUBJECT- ENGLISH**

**TIME ALLOTTED - 1 ½ hr**

**Date- 28-01-2022**

**SET-2**

**PLEASE MAIL YOUR ANSWER SHEETS TO - madhuenglish22@gmail.com**

**General Instructions:**

**(i) This question paper is divided into three parts**

**SECTION A- READING 10M Question no 1 to 10 carry 1 mark each**

**SECTION B- WRITING AND GRAMMAR 20 M**

**SECTION C- LITERATURE 20M**

**SECTION A- READING 10M**

**Passage 1**

1. Lifestyle diseases are the diseases associated with the way people lead their lives. These include heart diseases, diabetes, obesity, etc. Across the world, about 14.2 million people between the ages of 30 and 69 years die prematurely each year from these diseases. Undoubtedly, urbanization and medical advancement have brought about tremendous improvements in healthcare and the general standards of living. But there have been many negative implications of the changed lifestyle behaviours as well. Dealing with day-to-day struggles, we often compromise on diet, exercise, rest and relaxation, making convenient but poor choices.

2. While the toll from infectious diseases like tuberculosis, influenza and smallpox has greatly reduced, lifestyle diseases such as depression, anxiety, psycho-emotional disturbances, unsocial responses, insomnia, eating disorders, drug addiction, cardiovascular diseases, gastric ulcers, obesity, early ageing, and cancer have seen a dramatic rise. Consequently, these diseases have emerged as bigger killers than most infectious or hereditary ones.

3. Undoubtedly, technology has made our life simpler, but it has also caused a dramatic increase in pollution. This pollution of air, water, soil, noise and light has led to myriad problems. Noise pollution has led to an increase in neurotic problems, hypertension, ry problems and heart related diseases, while air pollution is responsible for many respiratory ailments and cancer. Water pollution has led to various water-borne

diseases such as allergies, cholera, gastroenteritis and jaundice. Unhealthy food and a lack of exercise are a risk factor for various diseases.

4. In order to lead a healthy life in the present times, we must reduce the consumption of fast food, soft drinks and excessive consumption of fat. These should be replaced with cereals, vegetables, pulses, rice and milk. Physical exercise should be a part of our daily routine. We must have pollution-free zones. Over and above, we must develop a positive attitude in life. This will help us relax. We can improve our lives by redu for these diseases including the type of work we do, environmental factors that affect our living conditions, work environment, the food we eat, our exercise habits and stress.

**Answer the following questions very briefly.**

**Question 1.** What are lifestyle diseases?

**Question 2.** What is the alarming situation related to these diseases?

**Question 3.** Mention one factor that has positively impacted health?

**Question 4.** Mention one disadvantage of modern lifestyle.

**Question 5.** What are the adverse effects of technology on our lives?

### **Passage - 2**

Forests are an important part of civilization. They not only form a considerable portion of the national wealth of a country, but also play an important role in maintaining the environmental balance. Indiscriminate felling of trees to enhance city areas is a threat to our civilization. We often forget that a peaceful, sensitive and well balanced co-existence of man-made civilization and natural flora and fauna is absolutely important for human existence on the earth. We forget that deforestation for the urbanization project led to the destruction of past civilizations such as Mohenjo-Daro.

Indiscriminate felling of trees not only leaves our planet with fewer trees but also threatens the wildlife of the region. Forests and trees have an enormous impact on the climate as they are instrumental in drawing rain to the earth. Deforestation has resulted in radical changes in our climate. The overall temperature of the planet is increasing at an alarming rate. The duration of seasons is fluctuating all over the world. The rate of rainfall is decreasing day by day. The ice-caps at the Poles are melting as a result. The amount of cultivable land is reducing as a result of deforestation and less rainfall. The future of this planet is in trouble unless immediate attention is paid to this danger.

Thousands of species of plants and animals are fast disappearing from the face of our earth as a result of human callousness. Forests in the mountains play an important role in preventing erosion and landslides. Felling of trees in the hilly regions endangers the lives of people that live there. However, the silver lining is that several people are



becoming aware of this danger. A number of environmental activist groups are undertaking a campaign to save forests.

Afforestation and preservation of wildlife can be an answer to this environmental crisis. By planting new trees, we can slowly restore the environmental balance that was disturbed by deforestation. Though, the process is long term, yet it is sure to save our planet from extinction. A thorough mass awareness against deforestation and preservation of wildlife is the call of the hour. It is only through mass sensitization and participation that this aim can be realized in future.

**Question 6. What are the people doing to overcome this dangerous situation?**

- (a) Afforestation
- (b) groups are undertaking campaign to save forests
- (c) preservation of wildlife
- (d) Both (1) and (3)

**Question 7. What can be the answer to the environmental crisis?**

- (a) afforestation and wildlife preservation
- (b) restore the environmental balance
- (c) environmental activist groups undertaking campaign
- (d) None of the above

**Question 8. What is the call of the hour?**

- (a) awareness against deforestation and preservation of wildlife
- (b) of rainfall is decreasing day by day
- (c) species are fast disappearing

**Question 9. Choose the word nearest in meaning from the passage for 'Having unpredictable ups and down':**

- (a) Balance
- (b) Awareness
- (c) Decreasing
- (d) fluctuating

**Question 10. Very large in size, quantity, or extent is called as ?**

- (a) Small
- (b) Reducing
- (c) Sensitive
- (d) enormous

**SECTION B**  
**(Writing and Grammar) 20 M**

**QUESTION 11 to 17 carry 1 mark each**

**Change from active voice to passive voice, choose the right option.**

**Question 11.** Shriya has sung three songs.

- A - Three songs are sung by Shriya.
- B - Three songs has been sung by Shriya.
- C - Three songs have been sung by Shriya.
- D - Three songs had been sung by Shriya.

**Question 12.** Sudesh spoke the truth.

- A - The truth was spoke by Sudesh.
- B - The truth spoken by Sudesh.
- C - Lie was spoken by Sudesh.
- D - The truth was spoken by Sudesh.

**Choose the appropriate quantifiers to complete the sentences**

**Question 13.** Very ---- people fly just because of terrorist activities.

- A - Little
- B - Much
- C - Many
- D - few

**Fill in the blanks with the correct forms of the verbs given in brackets.**

**Question 14.** Riddhi ..... her day with a prayer everyday. (start)

**Question 15.** The Sun... brightly today. (shine)

**Question 16.** Ayushman has ..... a beautiful song in the movie. (sing)

**Question 17.** The temperature ... a lot yesterday, (fluctuate)

**Question 18.** You are Raman Malik, the head boy of R.K. Inter College Shamli. Your school is organizing a tour to Sikkim, Write out a Notice inviting students who want to join the tour. Put the Notice in the box.

**3M**

**Question 19.** Write a letter to your younger brother about the Importance of the Value of Time.

**5M**

**Question 20.** Yesterday it was your first day in your new school. You made new friends. Teachers were good to you and you liked the infrastructure of the school. Write about your experiences and feelings about the new school in your diary.

**5M**

### **SECTION C**

**Answer the following in 2-3 sentences**

**Question 21.** What is the meaning of the line: 'The poetry of earth is never dead'? **2M**

**Question 22.** Why is the author not able to see Bijju? **2M**

**Answer the following in about 50-70 words**

**Question 23.** What gave the people of the valley the idea that the prophecy was about to come true for the first time? **3M**

**Question 24.** What did the spectator see when he went near the Great Stone Face? **3M**

**Answer the following in about 120- 150 words**

**Question 25.** What were James Forsyth's predictions'? What did he mean by rare circumstances? **5M**

**Question 26.** "I am confident now of buying my Christmas presents on December 15 – John Macpherson." Why had John not been buying presents? **5M**